

QUICK HEALTH CHECK-UP PACKAGE (NRs. 2600)

CONSULTATIONS

- Internal Medicine Consultation

INVESTIGATIONS

- Blood sugar Fasting
- Total Cholesterol
- Complete Blood count (CBC)
- Creatinine
- SGOT,SGPT
- Urine Routine & Microscopy
- Electrocardiogram - ECG
- Chest X-ray PA View

ADOLESCENT HEALTH SCREENING PROGRAM

(NRs. 4900)

CONSULTATIONS

- Internal Medicine Consultation

INVESTIGATIONS

- Complete Blood Count (CBC)
- Blood sugar Fasting
- Blood Grouping & Rh Factor
- Urine Routine and Microscopy
- SGOT, SGPT
- Urea , Creatinine
- TRIGLYCERIDES
- Uric Acid
- Serum Calcium
- Chest X-ray
- Ultrasound abdomen and pelvis
- Electrocardiogram - ECG
- TSH

GYNAE PREVENTIVE HEALTH PACKAGE (NRs. 6000)

CONSULTATION

- Obstetrics and Gynecology Consultation
- Dietician Consultation

INVESTIGATIONS

- CBC
- RBS
- TFT
- Urine R/E
- Urine Cs
- Pap Smear
- Ultrasound Whole Abdomen
- Ultrasound - both Breasts

BASIC PREVENTIVE HEALTH PACKAGE (NRs. 8500)

CONSULTATIONS

- Internal Medicine Consultation
- Dietician Consultation

INVESTIGATIONS

- Complete blood Count (CBC)
- Blood sugar fasting
- Blood Grouping and RH Factors
- Lipid profile – LDL, HDL, Cholesterol, TRIGLYCERIDES
- BILIRUBIN Total and Direct
- SGOT, SGPT
- Serum Creatinine
- Uric Acid
- Serum Calcium
- Vitamin D3
- Urine Routine and Microscopy
- Thyroid Function Test - TFT (T3, T4, TSH)
- Stool Routine and Microscopy
- Electrocardiogram - ECG
- X-ray chest PA/AP view
- Ultrasound Whole Abdomen and Pelvis

KIDS PREVENTIVE HEALTH PACKAGE (NRs. 6000)

CONSULTATIONS

- Pediatric Consultation
- Other Consultation As Per Required(First Consultation Free)

INVESTIGATIONS

- Complete Blood Count (CBC)
- Blood sugar fasting
- LFT
- RFT
- Urine Routine and Microscopy
- Stool Routine and Microscopy
- Vitamin D3
- Ultrasound Abdomen and Pelvis

METABOLIC (DIABETIC AND THYROID) HEALTH PACKAGE (NRs.9000)

CONSULTATIONS

- Endocrinologist Consultation
- Dietician Consultation

INVESTIGATIONS

- Complete Blood Count (CBC)
- Blood sugar fasting
- Blood sugar PP
- Lipid profile – LDL, HDL, Cholesterol, TRIGLYCERIDES
- Liver Function Test profile - BILIRUBIN, Total Protein, Albumin, SGOT,SGPT, Alkaline Phosphatase
- Renal Function Test Profile- Urea, Creatinine, Sodium, Potassium
- Glycosylated Hemoglobin (HbA1c)
- Uric Acid
- Serum Calcium
- Urine RE
- Urine Micro albumin
- Thyroid Function Test - TFT (T3, T4, TSH)
- Vitamin D3
- Electrocardiogram – ECG

BRONZE - PREVENTIVE HEALTH PACKAGE (NRs. 14500)

CONSULTATIONS

- Internal Medicine Consultation
- Obstetrics and Gynecology Consultation (For Female Only)
- Dietician Consultation

INVESTIGATIONS

- Complete Haemogram, peripheral Smear and ESR
- Blood sugar fasting
- Blood Grouping and RH Factors
- Lipid profile – LDL, HDL, Cholesterol, TRIGLYCERIDES
- Liver Function Test profile - BILIRUBIN ,Total Protein, Albumin, SGOT,SGPT, Alkaline Phosphatase
- Uric acid
- Renal Function Test Profile- Urea, Creatinine, Sodium, Potassium
- Thyroid Function Test - TFT (T3, T4, TSH)
- Vitamin D3
- Urine Routine and Microscopy
- Pap smear (Female above 40 only)
- PSA (Male)
- Stool Routine and Microscopy
- Electrocardiogram - ECG
- Echocardiography -ECHO
- X-ray chest PA/AP view
- Ultrasound Whole Abdomen and Pelvis

COMPREHENSIVE CARDIAC CHECK (CCC) PACKAGE (NRs. 12000)

CONSULTATIONS

- Cardiologist Consultation
- Dietician Consultation

INVESTIGATIONS

- Complete Haemogram, peripheral Smear and ESR
- Blood sugar fasting
- Lipid profile – LDL,HDL, Cholesterol, TRIGLYCERIDES
- Liver Function Test profile - BILIRUBIN, Total Protein, Albumin, SGOT,SGPT, Alkaline Phosphatase
- Serum Uric acid
- Renal Function Test Profile- Urea, Creatinine, Sodium, Potassium
- Urine Routine and Microscopy
- Thyroid Function Test - TFT (T3, T4, TSH)
- Electrocardiogram -ECG
- Tread Mill Test (TMT)/Holter
- Echocardiography - ECHO
- X-ray chest PA view
- Ultrasound Whole Abdomen and Pelvis
- Carotid IMT

SILVER - PREVENTIVE HEALTH PACKAGE (NRs. 18500)

CONSULTATIONS

- Internal Medicine Consultation
- Obstetrics and Gynecology Consultation (For Female Only)
- Dietician Consultation

INVESTIGATIONS

- Complete Haemogram, peripheral Smear and ESR
- Blood sugar fasting
- Blood Grouping and RH Factors
- Lipid profile – LDL,HDL, Cholesterol, TRIGLYCERIDES
- Liver Function Test profile - BILIRUBIN, Total Protein, Albumin, SGOT,SGPT, Alkaline Phosphatase
- Uric acid
- Renal Function Test Profile- Urea, Creatinine, Sodium, Potassium
- Urine Routine and Microscopy
- Thyroid Function Test - TFT (T3, T4, TSH)
- Glycosylated Hemoglobin - HbA1c
- Vitamin D3
- Vitamin B12
- Pap smear (Female)
- PSA (Male)
- Stool Routine and Microscopy
- Stool for Occult Blood
- Electrocardiogram - ECG
- Echocardiography - ECHO
- X-ray chest PA/AP view
- Ultrasound Whole Abdomen
- Ultrasound - both Breasts

GOLD - PREVENTIVE HEALTH PACKAGE (NRs 22500)

CONSULTATIONS

- Internal Medicine Consultation
- Obstetrics and Gynecology Consultation (For Female Only)
- Cardiologist Consultation
- Dietician Consultation

INVESTIGATIONS

- Complete Haemogram, peripheral Smear and ESR
- Blood sugar fasting
- Blood Grouping and RH Factors
- Lipid profile – LDL, HDL, Cholesterol, TRIGLYCERIDES
- Liver Function Test profile - BILIRUBIN ,Total Protein, Albumin, SGOT,SGPT, Alkaline Phosphatase
- Uric acid
- Renal Function Test Profile- Urea, Creatinine, Sodium, Potassium
- Urine Routine and Microscopy
- Serum Calcium
- Thyroid Function Test - TFT (T3, T4, TSH)
- Glycosylated Hemoglobin - HbA1c
- Pap smear (Female)
- PSA (Male)
- Stool Routine and Microscopy
- Stool for Occult Blood
- Electrocardiogram - ECG
- Tread Mill Test (TMT)/Holter
- Echocardiography (ECHO)
- Pulmonary Function Test- PFT
- X-ray chest PA/AP view
- Ultrasound Whole Abdomen and Pelvis
- Ultrasound - both Breasts
- Vitamin D3
- Vitamin B12

DIAMOND - PREVENTIVE HEALTH PACKAGE (NRs. 25500)

CONSULTATIONS

- Internal Medicine Consultation
- Obstetrics and Gynecology Consultation(For Female only)
- Cardiologist Consultation
- Dietician Consultation

INVESTIGATIONS

- Complete Haemogram, peripheral Smear and ESR
- Blood sugar fasting
- Blood Grouping and RH Factors
- Lipid profile – LDL, HDL, Cholesterol, TRIGLYCERIDES
- Liver Function Test profile - BILIRUBIN, Total Protein , Albumin, SGOT,SGPT, Alkaline Phosphatase
- Uric acid
- Renal Function Test Profile-Urea, Creatinine, Sodium, Potassium
- Urine Routine and Microscopy
- Serum Calcium
- Thyroid Function Test - (T3, T4, TSH)
- Iron Profile
- Pap smear (For Female)
- PSA (Male)
- Stool Routine and Microscopy
- Stool for Occult Blood
- ECG
- Tread Mill Test (TMT)/Holter
- Echocardiography (ECHO)
- Pulmonary Function Test -PFT
- X-ray chest PA/AP view
- Ultrasound Whole Abdomen
- Carotid IMT
- Ultrasound both Breasts
- Vitamin D3
- Vitamin B12
- Glycosylated Hemoglobin (HbA1c)